



DAIRY & EGGS



Egg White

Egg Yolk

Milk (Cow's)

Milk (Goat's)

GRAINS



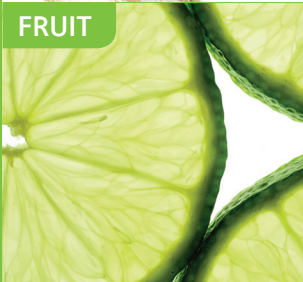
Barley
Corn (Maize)

Durum Wheat
Gliadin

Oat
Rice

Rye
Wheat

FRUIT



Apple
Apricot
Banana
Blackberry
Blackcurrant

Blueberry
Cherry
Cranberry
Grape
Grapefruit

Lemon
Lime
Olive
Orange
Pear

Pineapple
Raspberry
Strawberry

VEGETABLES



Asparagus
Broccoli
Brussel Sprout
Carrot

Cauliflower
Chickpea
Haricot Bean
Kidney Bean

Lentil
Onion
Pea
Potato

Soya Bean
Tomato

NUTS & SEEDS



Almond
Brazil Nut

Cashew Nut
Coconut

Hazelnut
Peanut

Pistachio
Walnut

HERBS & SPICES



Chilli (Red)
Garlic

Ginger
Mustard Seed

Peppercorns

MISCELLANEOUS



Cocoa Bean
Coffee
Mushroom

Tea (Black)
Tea (Green)

Yeast (Baker's)
Yeast (Brewer's)